



Teens Hub
TANZANIA



EMPOWERING TEENS, TRANSFORMING COMMUNITIES

Building confident teens,
creating sustainable change.

ORGANIZATION PROFILE



www.teenshubtanzania.co.tz



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EXECUTIVE SUMMARY

Teens Hub Tanzania is a youth-led organization founded to provide safe spaces for teenagers to be heard, supported, and empowered. Since 2023, the organization has grown from school-based initiatives to a registered NGO with branches in Dar es Salaam and Mwanza, with future plans for Dodoma and Zanzibar.

We engage teenagers through school workshops, community outreach, mentorship programs, media platforms like the *Teen Space Podcast*, and initiatives such as the *Teenhood Book Line*.

To date, over 250 teenagers have been reached directly, and multiple partnerships have been established, helping enhance youth well-being, leadership, and skills.



We believe in every teen's potential to lead, innovate, and transform their world. Together, we are building a brighter future for every teenager in Tanzania.

WHAT WE DO



School Workshops

We deliver engaging workshops in schools on mental health, leadership, life skills, and personal development.



Community Outreach

We reach communities through awareness campaigns, events, and partnerships that involve both teens and adults.



Media & Platforms

Through platforms like the *Teen Space Podcast*, we share real stories and valuable information for teenagers.



Mentorship

We connect teenagers with mentors who guide them to discover their purpose and unlock their potential.



Resources & Support

Programs like the *Teenhood Book Line* and scholarship support help teens overcome barriers and achieve more.



250+

TEENAGERS REACHED

through school and community programs.



2

REGIONS

Dar es Salaam and Mwanza.



10+

PARTNERSHIPS

with schools, organizations, and community groups.



SINCE 2023

MAKING IMPACT

and building a movement for change.



BACKGROUND & ABOUT US

Teens Hub Tanzania was founded to empower teenagers through safe spaces where they can express themselves, develop their skills, and positively engage with their communities.



ESTABLISHED

2023

Teens Hub Tanzania was founded in 2023 by a group of young change-makers who saw the need for a platform that truly understands and supports teenagers.



OFFICIAL REGISTRATION

October 2025

The organization was officially registered as a Non-Governmental Organization (NGO) in October 2025.



OUR PRESENCE

Dar es Salaam & Mwanza

We currently operate in Dar es Salaam and Mwanza, with future plans to expand to Dodoma and Zanzibar.



HOW IT STARTED

The initiative arose from recognizing that teenagers often face mental health issues, early pregnancies, substance abuse, and lack of guidance.

We saw a gap in safe spaces where teenagers could be heard, supported, and empowered to reach their full potential. Teens Hub Tanzania was created to fill that gap.

Today, we continue to grow, driven by the voices of teenagers and the communities we serve.



Our mission is to create a supportive platform for teenagers to overcome challenges and grow into confident, responsible, and empowered leaders.



PROBLEM STATEMENT

Many teenagers in Tanzania face challenges that hinder their growth and limit their potential.



Limited Access
to quality education
and resources



Lack of Mentorship
and positive role
models



Unemployment
and lack of practical
skills



Social Issues
such as early pregnancy,
substance abuse,
and gender inequality



These challenges contribute to unrealized potential and affect the ability of teens to contribute meaningfully to their communities and nation.



FOUNDER'S MESSAGE

“

I founded Teens Hub Tanzania with one belief — teenagers need a safe space where they can be heard, supported, and understood.

”

Too often, teenagers are misunderstood or overlooked. Yet within every young person lies potential, creativity, and leadership.

Teens Hub Tanzania was created to build a community where teenagers can speak freely, support one another, and grow together.

My commitment is to ensure that every teenager feels they belong — regardless of their background or challenges.

Omary Mwesongo

FOUNDER & EXECUTIVE DIRECTOR
TEENS HUB TANZANIA



My Commitment

To empower teenagers. To uplift communities.
To build a better future for all.



My Promise

Every teenager matters.
Every voice deserves to be heard.



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Empowering Teens.
Transforming Communities.

VISION, MISSION & CORE VALUES

At Teens Hub Tanzania, we are committed to empowering teenagers through safe spaces, meaningful programs, and strong values that guide every step we take.



VISION

A society where every teenager has a safe space to be heard, supported, and empowered to grow into their full potential.



MISSION

To empower teenagers through mental health support, education, and youth empowerment programs, fostering safe spaces and strengthening youth voices across Tanzania.



CORE VALUES

- ✓ Teen-Centered Approach
- ✓ Safe Expression
- ✓ Mental Well-being
- ✓ Youth Voice & Participation
- ✓ Growth & Empowerment



OUR PROMISE

We are dedicated to building a brighter future where every teenager feels valued, heard, and empowered to lead change in their communities and beyond.



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Empowering Teens.
Transforming Communities.



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OUR APPROACH

We use a youth-centered and community-based approach to understand, empower, engage, and transform the lives of teenagers.



OUR IMPLEMENTATION METHODS



SCHOOL-BASED ENGAGEMENT

We reach teenagers through schools with workshops and interactive sessions.



COMMUNITY ENGAGEMENT

We extend our programs into communities through outreach and awareness campaigns.



PEER-LED MODEL

Teen volunteers play an active role in planning and delivering our activities.



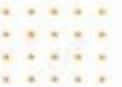
COLLABORATIVE PARTNERSHIPS

We work with schools, NGOs, and partners to expand reach and impact.



FLEXIBLE & INCLUSIVE

Our programs are adaptable and inclusive of all teenagers across different backgrounds.



PROGRAMS & KEY ACTIVITIES



Teens Hub Tanzania implements a range of programs designed to empower teenagers, build life skills, and promote mental well-being and leadership.



TEENS HUB FELLOWSHIPS

Leadership and personal development training for teenagers.

Equipping teens with leadership skills, self-awareness, and confidence to lead positive change in their communities.



TEENS TALK

A platform for teenagers to share ideas and experiences.

Encouraging open conversations on real-life issues affecting teenagers in a safe space.



TEENS AWARENESS SCHOOLS PROGRAM

Workshops on mental health, drug abuse, and leadership in schools.

Delivering interactive sessions that educate and empower students to make informed decisions.



TEENS SPACE PODCAST

A digital platform for youth stories, conversations, and education.

Sharing real stories and expert insights to inspire, educate, and connect teens across Tanzania.



TEENS HUB CHARITIES

Volunteer and community service projects.

Mobilizing teens to give back through service, kindness, and community support.



TEENS HUB SCHOLARSHIP FUND

Financial support for students facing educational barriers.

Providing scholarships and school essentials to help deserving students stay in school and achieve their dreams.



ACHIEVEMENTS & MILESTONES

Our Journey of Growth & Impact

Since its establishment, Teens Hub Tanzania has continued to grow through youth-led initiatives, school engagement programs, mentorship activities, and community-centered impact projects focused on empowering teenagers across Tanzania.

**2020**

Organization Founded

Teens Hub Tanzania was established as a youth initiative focused on creating safe spaces for teenagers to express themselves, access mentorship, and develop life skills.

**2020**

First Community Outreach Conducted

The organization launched its first youth engagement activities through awareness sessions and community-based interactions targeting teenagers and young people.

**2024**

School Awareness Programs Introduced

Teens Hub Tanzania expanded its activities into schools through leadership, mental health awareness, and personal development sessions for students.

**2024**

Teenhood Book Line Introduced

Teens Hub Tanzania initiated the Teenhood Book Line to encourage learning, storytelling, youth expression, and educational engagement among teenagers.

**2025**

Official NGO Registration

The organization achieved official NGO registration status, strengthening its institutional capacity, credibility, and ability to expand partnerships and programs.



IMPACT HIGHLIGHTS

**250+**

Teenagers Reached

School Programs
Successfully ConductedYouth Awareness
Platforms EstablishedStrategic Partnerships
DevelopedGrowing Community
Presence Across Tanzania

GOVERNANCE STRUCTURE

Teens Hub Tanzania is led by a strong governance structure that ensures accountability, transparency, and effective management.



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TESTIMONIALS

The impact of Teens Hub Tanzania is best told through the voices of those we serve and work with. Here's what they have to say about their experience with us.



“

Teens Hub changed my life. Before joining, I was shy and didn't believe in myself. Through the programs and mentorship, I gained confidence, learned new skills, and discovered my potential. Today, I'm more passionate about inspiring other teens in my community.

Asia KimaroArusha, 16yrs
Student

”



“

Teens Hub has been a blessing to many young people. I've seen positive changes in their behavior, confidence, and their ability to express themselves. I am proud to support an organization that truly cares about the well-being of teenagers.

Magdalena John

Parent

”



“

We are proud to partner with Teens Hub Tanzania. Their dedication, passion, and youth-centered approach align with our mission to empower young people and create sustainable change in communities.

Pendo Mrida Foundation

Partner

”

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TRANSFORMING COMMUNITIES**www.teenshubtz.org

13 OUR STRATEGIC PARTNERS

Together, we collaborate with purpose and unity to empower communities, transform lives, and build a better future for every child.





MONITORING, EVALUATION & LEARNING (MEL)

We continuously measure our progress, evaluate outcomes, and learn from our experiences to improve our programs and increase our impact for teenagers and communities.



01

MONITORING

We track and document our activities, participation, and progress towards our goals.

We Monitor:

- Program activities
- Participant engagement
- Resource utilization
- Timelines and milestones
- Immediate outputs



02

EVALUATION

We assess the results and impact of our programs to ensure effectiveness and accountability.

We Evaluate:

- Program outcomes
- Changes in knowledge, attitudes & behaviors
- Community impact
- Effectiveness & efficiency
- Lessons learned



03

LEARNING

We use insights and feedback to strengthen future programs and create greater impact.

We Learn By:

- Collecting feedback
- Reflecting on results
- Adapting strategies
- Sharing knowledge
- Improving continuously

IMPACT SNAPSHOT



250+

Teens Reached

Directly engaged and supported through various programs and initiatives.



10+

Schools Engaged

Partnerships with schools to deliver workshops and awareness programs.



15+

Awareness Sessions

Mental health, leadership, life skills, and positive youth development.



3+

Strategic Partners

Collaborating organizations supporting our mission and community impact.



2

Regions Reached

Active presence in Arusha and expanding to Dar es Salaam & Mwanza.

CONTACT INFORMATION

We'd Love to Hear From You!

Teens Hub Tanzania is always open to partnerships, collaborations, and opportunities to support teenagers. Reach out to us through any of the channels below.



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Social Media

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 Teens Hub Tanzania
 Teens Hub Tanzania
 Teens Hub Tanzania



CONNECT WITH US



Partnerships & Collaborations



Youth Programs & Engagement



Media & Podcast Features



Volunteer Opportunities



Community Impact Across Tanzania



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Thank You!

Together, we can build a brighter
future for every teen.



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